

TAKING MEASUREMENTS

Standard stockings

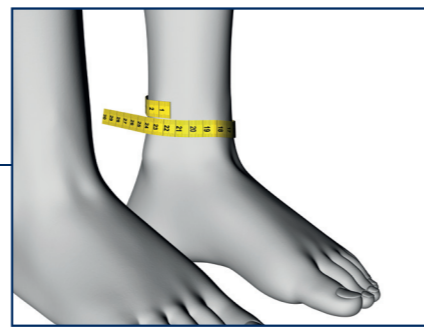
CIRCUMFERENCE

LENGTH

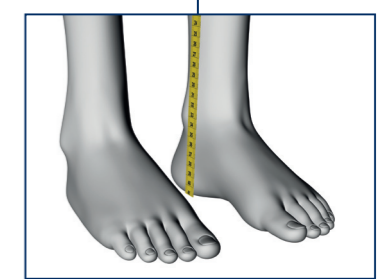
CALF



cB
Measure at the thinnest part above the ankle.



ℓD
Measure the length inside from heel to point D.



cD
Measure at head of fibula or 2 finger-widths below knee.

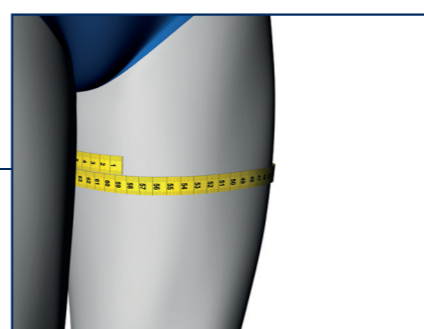


THIGH & PANTY

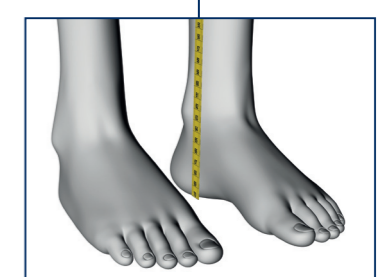
additional measurements to the calf measures



cG
Measure approx. 5 cm below the crotch.



ℓG
Measure the length inside from heel to point G.



WHEN

Take the measurements first thing in the morning when possible.

The legs should be free of oedema/swelling.

