DONJOY

Elastic knitted range

Support has never been closer



DONJOY®

Need support? We've got you covered.

Continuing its track record of delivering high quality, practical products for sports and everyday activities, DonJoy[®] introduces a new line of active supports to help prevent and recover from injuries.

Comprising ten options for the ankle, knee, elbow, and wrist, this range combines supportive yet adjustable features with lightweight, adaptable materials to help provide:

- Prevention
- Protection
- Stabilization
- Compression
- Support
- Proprioception

Attractive and ergonomic, these supports won't compromise style or comfort, leaving patients feeling confident and free to continue an active lifestyle.

Thanks to DonJoy[®], support has never been closer.

Features and benefits

IMPROVED COMFORT

Stretch zones

aid comfort and freedom of movement. Expansion zones make it easier for the patient to apply and remove the support. Comfort zones ensure a wrinkle-free fit.



Compression-reduced edges help divert pressure at the ends of the support to provide a comfortable fit.



Breathable, elastic, soft knit for enhanced comfort.



Anatomically-contoured knit ensures optimal adaptation to the shape

of the body for maximum comfort.

OPTIMUM FIT



Foam insert pads

made of breathable, shock-absorbing and hypoallergenic material. Anatomically contoured, with stimulating nubs, they are designed to improve proprioception, aid compressive support around the joint, and to help massage, relieve pain, and reduce swelling.



Non-slip silicone coated bands

on selected knee supports help provide an extra secure hold under stress.

Wide range of sizes

for many of the supports, from pediatric to size 7, designed to accomodate most body types. Pediatric size comes with an attractive red dot design.

Ankle



DonJoy FortiLax™ Ankle Elastic knitted ankle support **DonJoy MaloLax™** Elastic knitted ankle support with malleolar pads



DonJoy StrapiLax[™] Ankle Elastic knitted ankle support with malleolar pads and adjustable strapping

			aujustable strapping
Rehabilitation/protection (proprioception)	X	x	x
Prevention of injury	X	x	x
Acute and chronic ankle injuries	X	Х	X
Mild osteoarthritis	X	x	x
Mild instability			x
Mild sprains (grade 1)			Х

Knee	bonJoy FortiLax™ Knee Elastic knitted knee support	DonJoy RotuLax™ Elastic knitted Knee support with kneecap pad	DonJoy StrapiLax™ Knee Elastic knitted knee support with kneecap pad and adjustable strapping	Image: Constraint of the symptotic straint of the symptotic stra	DonJoy GenuLax™ Elastic knitted knee support with rigid hinges, kneecap pad, and adjustable straps
Rehabilitation/ protection (proprioception)	x	X	x	X	х
Prevention of injury	X	X	Х	X	x
Acute and chronic knee injuries	X	X	X	X	X
Mild osteoarthritis	X	x	X	X	X
Mild instability		X	X	X	X
Moderate instability					X
Patellofemoral pain		x			
Mild sprains			X	X	X
Moderate sprains					X
Mild meniscus injuries					X

Arm	Contraction of the second seco	
	DonJoy ManuLax™ Elastic knitted wrist brace with pad and inner hand stay	DonJoy CondiLax™ Elastic knitted elbow support with epicondyle pads
Rehabilitation/protection (proprioception)	X	X
Prevention of injury	X	X
Mild osteoarthritis	x	X
Mild sprains	x	x
Tendinitis	x	x
Carpal tunnel syndrome	X	
Wrist instability	X	
Lateral/medial epicondylitis		X

Why use a soft brace?

Soft braces are elastic and non-adhesive orthoses often used to reduce activity limitations.¹

They are commonly used due to their low cost and ease of use². Additionally, they are recommended as appropriate treatment for nonsurgical management of knee OA.^{2,3}

- Ease of use: With mechanical bracing, despite improvements in patient reported outcomes, there is an unwillingness amongst patients to wear these braces for prolonged periods.⁵⁶
- Low cost: Soft bracing is mostly designed for compression and is usually elasticated. Due to the lack of hinges and metallic material, they are usually significantly cheaper than mechanical alternatives.
- **Improve patient adherence:** Mechanical bracing is often associated with poor adherence due to factors such as skin irritation, discomfort, bad fit, bulkiness, practicality and social stigma.⁷

Underlying mechanisms of soft bracing

Potential underlying mechanisms of soft bracing to reduce activity limitations are:

- Improved joint proprioception: Soft braces supposedly act on cutaneous mechanoreceptors that contribute to improvements in proprioception¹⁴
- Pain reduction: Tactile stimulation provided by a soft brace can cause neural inhibition leading to the reduction of pain signals^{1,4}
- Improved joint stability: Mechanical effects are usually associated with soft bracing. However, it has been suggested that a reduction in joint instability may be the result of additional sensory input from the brace, leading to improvements in proprioception^{1,4}

Medical grade compression classes and standards

Compression classes relate to the amount of compression, measured in mmHg, provided by a support. This is defined by the pressure applied to the limb by the compression support.

		STANDARDS			
	ESSION ELS	BRITISH BS 6612:1985	GERMAN RAL-GZ 387:2000	FRENCH ASQUAL	
Class I	Light	14-17 mmHg	18-21 mmHg	10-15 mmHg	
Class II	Medium	18-24 mmHg	23-32 mmHg	15-20 mmHg	
Class III	Strong	25-35 mmHg	34-46 mmHg	20-36 mmHg*	
Class IV	Very strong	N/A	>49 mmHg	>36 mmHg	

*The ankle and knee supports (except DonJoy GenuLax™) in this range adhere to French ASQUAL Class III standards.

References

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DonJoy FortiLax™ Ankle

Elastic knitted ankle support

With its three-dimensional elastic knit fabric, DonJoy FortiLax™ Ankle helps to support and protect the ankle during everyday activities.

- Support and compression following acute and chronic ankle injury and mild ankle and foot osteoarthritis
- \cdot Proprioceptive and neuromuscular stimulation through compression
- \cdot Prevention of injury

Characteristics

- Knitted construction using a multidirectional elastic fabric
- Lightweight
- \cdot Low profile, fits easily into a shoe
- \cdot Stylish, modern design
- \cdot Fits left or right ankle
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable
- Available in pediatric size

Features and benefits



Anatomical 3D knit design to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Compression-reduced edges help divert pressure at the ends of the support to provide a comfortable fit



Visual graphics around the malleoli to help ensure correct application of the support



Ordering Information

Part Number	Ankle circumference		Size
82-0714-0	17 - 18 cm 6 ³ ⁄ ₄ - 7"		0/PEDIATRIC
82-0714-1	19 - 20 cm	7½ - 7¾	1
82-0714-2	21 - 22 cm	81⁄4 - 83⁄4″	2

82-0714-3	23 - 24 cm	9 - 9½"	3
82-0714-4	25 - 26 cm	9¾ - 10¼″	4
82-0714-5	27 - 28 cm	10¾ - 11″	5
82-0714-6	29 - 30 cm	111⁄2 - 113⁄4″	6

DonJoy MaloLax™

Elastic knitted ankle support with malleolar pads

With integrated ankle pads in a multidirectional elastic fabric construction, DonJoy MaloLax[™] helps provide relief and stabilization to aid the ankle joint.

- Support and compression following acute and chronic ankle injury and mild ankle and foot osteoarthritis
- \cdot Proprioceptive and neuromuscular stimulation through compression
- \cdot Prevention of injury

Characteristics

- Knitted construction using a multidirectional elastic fabric
- Lightweight
- \cdot Low profile, fits easily into a shoe
- Stylish, modern design
- Fits left or right ankle
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits



Anatomical 3D knit design

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Compression-reduced edges help divert pressure at the ends of the support to provide a comfortable fit



Two anatomically contoured ankle pads help protect, stabilize, and relieve the malleoli



Visual graphics around the malleoli to help ensure correct application of the support



Ordering Information

Part Number	Ankle circumference		Size
82-0715-1	19 - 20 cm	7½ - 7¾	1
82-0715-2	21 - 22 cm	81⁄4 - 83⁄4″	2
82-0715-3	23 - 24 cm	9 - 9½"	3

82-0715-4	25 - 26 cm	9¾ - 10¼″	4
82-0715-5	27 - 28 cm	103⁄4 - 11″	5
82-0715-6	29 - 30 cm	111⁄2 - 113⁄4″	6

DonJoy StrapiLax™ Ankle

Elastic knitted ankle support with malleolar pads and adjustable strapping

With integrated ankle pads and adjustable strapping, DonJoy StrapiLax[™] Ankle helps relieve, stabilize, and protect the ankle joint from abnormal movements, as well as aiding proprioceptive acuity.

- · Support and compression following acute and chronic ankle injury and mild ankle and foot osteoarthritis
- Proprioceptive and neuromuscular stimulation through compression
- Mild (grade 1) ankle sprains and strains
- Mild ankle instability
- Prevention of injury

Characteristics

- Knitted construction using a multidirectional elastic fabric
- Lightweight
- · Low profile, fits easily into a shoe
- Stylish, modern design
- Fits left or right ankle
- Not made with natural rubber latex
- Easy to clean, machine washable
- Available in pediatric size

Features and benefits

Anatomical 3D knit design

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Compression-reduced edges help divert pressure at the ends of the support

to provide a comfortable fit



Two anatomically contoured ankle pads help protect, stabilize, and relieve the malleoli



Adjustable ankle strapping works like functional tape to help provide added compression, stability, and a custom fit



Visual graphics around the malleoli to help ensure correct application of the support



Ordering Information

Part Number	Ankle circumference		Size
82-0716-0	17 - 18 cm 6 ³ ⁄ ₄ - 7"		0/PEDIATRIC
82-0716-1	19 - 20 cm	7½ - 7¾	1
82-0716-2	21 - 22 cm	81⁄4 - 83⁄4″	2

82-0716-3	23 - 24 cm	9 - 9½"	3
82-0716-4	25 - 26 cm	9¾ - 10¼″	4
82-0716-5	27 - 28 cm	103⁄4 - 11″	5
82-0716-6	29 - 30 cm	111⁄2 - 113⁄4″	6



DonJoy FortiLax™ Knee

Elastic knitted knee support

Made of breathable knitted elastic fabric, DonJoy FortiLax™ Knee helps to support and protect the knee during everyday activities.

- Support and compression following acute and chronic knee injury and mild knee osteoarthritis
- Proprioceptive and neuromuscular stimulation
- through compression
- \cdot Prevention of injury

Characteristics

 \cdot Knitted construction using a multidirectional elastic fabric

- Lightweight
- Low profile
- Stylish, modern design
- Fits left or right knee
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable
- \cdot Available in pediatric size

Features and benefits



Anatomical 3D knit design

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Stretch zones

over the patella and the back of the knee to aid breathability, comfort, and freedom of movement

Compression-reduced edges

help divert pressure at the ends of the support to provide a comfortable fit



Visual graphics around the patella

to help ensure correct application of the brace

Ordering Information

Part Number	Thigh circumference		Size
82-0709-0	30 - 34 cm	113⁄4 - 131⁄2″	0/PEDIATRIC
82-0709-1	35 - 38 cm	13¾ - 15″	1
82-0709-2	39 - 42 cm	15½ - 16½″	2
82-0709-3	43 - 46 cm	17 - 18″	3
82-0709-4	47 - 49 cm	18½ - 19¼"	4
82-0709-5	50 - 53 cm	19¾ - 20 ¾	5
82-0709-6	54 - 57 cm	211/4 - 221/2"	6
82-0709-7	58 - 61 cm	22¾ - 24″	7

Measurement taken 15 cm above mid-patella



DonJoy RotuLax[™]

Elastic knitted knee support with kneecap pad

Incorporating flexible bilateral stays and a contoured knee pad in a breathable elastic construction, DonJoy RotuLax[™] helps provide protection and support of the patella, as well as aiding in relief and stabilization of the knee joint.

- Support and compression following acute and chronic knee injury and mild knee osteoarthritis
- Proprioceptive and neuromuscular stimulation
- through compression

 Patellofemoral pain (knee pain)
- Mild knee instability
- Prevention of injury

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- Lightweight
- \cdot Low profile
- \cdot Stylish, modern design
- \cdot Fits left or right knee
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits

Anatomical 3D knit design

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Stretch zone

over the back of the knee to aid breathability, comfort, and freedom of movement

Compression-reduced edges

help divert pressure at the ends of the support to provide a comfortable fit



Visual graphics around the patella to help ensure correct application of the brace



Anatomically contoured knee pad

to aid stability of the patella, massaging effect, and to help improve proprioception



Non-slip silicone-coated bands help provide extra secure hold under stress

Ordering Information

Part Number	Thigh circumference		Size	
82-0710-1	35 - 38 cm	13¾ - 15″	1	
82-0710-2	39 - 42 cm	15½ - 16½″	2	
82-0710-3	43 - 46 cm	17 - 18″	3	
82-0710-4	47 - 49 cm	18½ - 19¼″	4	
82-0710-5	50 - 53 cm	19¾ - 20 ¾	5	
82-0710-6	54 - 57 cm	211/4 - 221/2"	6	
82-0710-7	58 - 61 cm	22¾ - 24″	7	

Measurement taken 15 cm above mid-patella **15**



DonJoy StrapiLax™ Knee

Elastic knitted knee support with kneecap pad and adjustable strapping

Bringing together flexible bilateral stays, a contoured knee pad, and adjustable strapping, DonJoy StrapiLax[™] Knee helps relieve, stabilize, and protect the knee joint from abnormal movements, as well as aiding proprioceptive acuity.

- Support and compression following acute and chronic knee injury and mild knee osteoarthritis
- Proprioceptive and neuromuscular stimulation through compression
- Mild medial (inner) and lateral (outer) ligament sprains of the knee
- \cdot Mild knee instability
- \cdot Prevention of injury

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- Lightweight
- \cdot Low profile
- Stylish, modern design
- Fits left or right knee
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable
- Available in pediatric size

Features and benefits



Anatomical 3D knit design

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Breathable, elastic, soft knit for enhanced comfort



Stretch zone

over the back of the knee to aid breathability, comfort, and freedom of movement

Compression-reduced edges

help divert pressure at the ends of the support to provide a comfortable fit



Anatomically contoured knee pad

to aid stability of the patella, massaging effect, and to help improve proprioception



Non-slip silicone-coated bands help provide extra secure hold under stress

Adjustable knee strapping

works like functional tape to help provide added compression, stability, and a custom fit

Ordering Information

-			
Part Number	Thigh circumference		Size
82-0711-0	30 - 34 cm	113⁄4 - 131⁄2″	0/PEDIATRIC
82-0711-1	35 - 38 cm	13¾ - 15″	1
82-0711-2	39 - 42 cm	15½ - 16½″	2
82-0711-3	43 - 46 cm	17 - 18″	3
82-0711-4	47 - 49 cm	18½ - 19¼"	4
82-0711-5	50 - 53 cm	19¾ - 20 ¾	5
82-0711-6	54 - 57 cm	211/4 - 221/2"	6
82-0711-7	58 - 61 cm	22¾ - 24″	7

Measurement taken 15 cm above mid-patella **15** cm

DonJoy StabiLax™

Elastic knitted knee support with semi-rigid hinges, kneecap pad, and adjustable straps

Combining semi-rigid polycentric hinges, a contoured knee pad, and additional straps, DonJoy StabiLax[™] helps provide stable support, compression, and relief to aid the knee.

- Support and compression following acute and chronic knee injury and mild knee osteoarthritis
- \cdot Proprioceptive and neuromuscular stimulation through compression
- \cdot Mild medial (inner) and lateral (outer) ligament sprains of the knee
- \cdot Mild knee instability and hypermobility
- \cdot Prevention of injury

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- \cdot Lightweight
- \cdot Low profile
- Stylish, modern design
- Fits left or right knee
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits



Anatomical 3D knit design

Breathable, elastic, soft knit for enhanced comfort

to help provide effective and targeted compression (20-36mmHg, medical standard) and support



Stretch zones

over the patella and the back of the knee to aid breathability, comfort, and freedom of movement



Compression-reduced edges

help divert pressure at the ends of the support to provide a comfortable fit



Anatomically contoured knee pad

to aid stability of the patella, massaging effect, and to help improve proprioception



Removable semi-rigid bilateral polycentric hinges in combination with the strap system, provide added passive stability to aid the knee



Non-slip silicone-coated bands help provide extra secure hold under stress



Adjustable straps around the thigh and lower leg help provide added compression and support

Ordering Information

Part Number	Thigh circumference		Size
82-0712-1	35 - 38 cm	13¾ - 15″	1
82-0712-2	39 - 42 cm	15½ - 16½″	2
82-0712-3	43 - 46 cm	17 - 18″	3
82-0712-4	47 - 49 cm	18½ - 19¼″	4
82-0712-5	50 - 53 cm	19¾ - 20 ¾	5
82-0712-6	54 - 57 cm	211/4 - 221/2"	6
82-0712-7	58 - 61 cm	22¾ - 24″	7

Measurement taken 15 cm above mid-patella



DonJoy GenuLax™

Elastic knitted knee support with rigid hinges, kneecap pad, and adjustable straps

Combining rigid polycentric hinges, a contoured knee pad, and adjustable straps, DonJoy GenuLax[™] helps provide enhanced lateral support and stability during movement to aid everyday activities and sports.

- Support and compression following acute and chronic knee injury and mild knee osteoarthritis
- Proprioceptive and neuromuscular stimulation through compression
- \cdot Mild to moderate (medial and lateral) ligament sprains
- \cdot Mild to moderate knee instability and hypermobility
- \cdot Mild meniscus injuries
- \cdot Prevention of injury

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- Lightweight
- \cdot Low profile
- Stylish, modern design
- Fits left or right knee
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits

Anatomical 3D knit design

to help provide effective and targeted compression and support



Extra soft, breathable, elastic knit for enhanced comfort



Stretch zones

over the patella and the back of the knee to aid breathability, comfort, and freedom of movement

 Compression-reduced edges help divert pressure at the ends of the support to provide a comfortable fit



Anatomically contoured knee pad to aid stability of the patella, massaging effect, and to help improve proprioception



Bilateral polycentric hinges with rigid arms help offer enhanced medial/lateral stability and can be easily removed if desired



Non-slip silicone-coated bands help provide extra secure hold under stress

Adjustable straps around the thigh and lower leg help provide added compression and support

Ordering Information

Part Number	Thigh circumference		Size
82-0713-1	35 - 38 cm	13¾ - 15″	1
82-0713-2	39 - 42 cm	15½ - 16½"	2
82-0713-3	43 - 46 cm	17 - 18″	3
82-0713-4	47 - 49 cm	18½ - 19¼″	4
82-0713-5	50 - 53 cm	19¾ - 20 ¾	5
82-0713-6	54 - 57 cm	211⁄4 - 221⁄2″	6
82-0713-7	58 - 61 cm	22³⁄4 - 24″	7

Measurement taken 15 cm above mid-patella **15** cm



DonJoy ManuLax™

Elastic knitted wrist brace with pad and inner hand stay

With a removable hand stay and adjustable strapping, DonJoy ManuLax™ helps provide adaptable compression, support, and stabilization of the wrist.

- · Support and compression following mild wrist injury and mild wrist osteoarthritis
- \cdot Proprioceptive and neuromuscular stimulation through compression
- \cdot Prevention of injury
- Mild wrist sprains
- Wrist tendinitis and mild tenosynovitis
- Wrist instability
- \cdot Carpal tunnel syndrome

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- \cdot Lightweight
- \cdot Stylish, modern design
- \cdot Available in left or right hand
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits



Anatomical 3D knit design to help provide effective and targeted compression and support

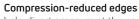


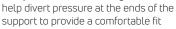
Extra soft, breathable, elastic knit for enhanced comfort



of movement, application, and comfort

Stretch zone





at the base of the thumb to aid freedom



Adjustable hand stay helps provide additional stability and support,



Removable and adjustable strapping helps to control the degree of stabilization and compression

and can be removed after the acute phase

Styloid pad helps provide support and pressure relief

Ordering Information

Part Number				Size
RIGHT	LEFT	Wrist circumference		SIZE
82-0718-1	82-0719-1	13 - 14.5 cm	5 - 5¾	1
82-0718-2	82-0719-2	14.5 - 16 cm	5¾ - 6¼″	2
82-0718-3	82-0719-3	16 - 17.5 cm	6¼ - 7″	3
82-0718-4	82-0719-4	17.5 - 19 cm	7 - 7½"	4
82-0718-5	82-0719-5	19 - 20.5 cm	71⁄2 - 8″	5
82-0718-6	82-0719-6	20.5 - 22 cm	8 - 8¾	6

Measurement taken around wrist



DonJoy CondiLax™

Elastic knitted elbow support with epicondyle pads

Incorporating epicondyle pads and adjustable strapping in a multidirectional elastic fabric construction, DonJoy CondiLax[™] helps ensure stability in the elbow joint and aids in pain relief.

- Support and compression following elbow injury and mild elbow osteoarthritis
- \cdot Proprioceptive and neuromuscular stimulation through compression
- Prevention of injury
- Elbow strains or sprains
- Medial or lateral epicondylitis (e.g. tennis elbow, golfer's elbow)
- \cdot Tendinopathies

Characteristics

- \cdot Knitted construction using a multidirectional elastic fabric
- Lightweight
- Stylish, modern design
- \cdot Fits left or right elbow
- \cdot Not made with natural rubber latex
- \cdot Easy to clean, machine washable

Features and benefits



Anatomical 3D knit design

to help provide effective and targeted compression and support



Extra soft, breathable, elastic knit for enhanced comfort

Stretch zone

in the anterior elbow area to aid freedom of movement, application, and comfort

Compression-reduced edges

help divert pressure at the ends of the support to provide a comfortable fit



Epicondyle pads

help provide support and pressure relief for the elbow



Removable and adjustable strapping helps to control the degree of stabilization

and compression

Ordering Information

Part Number	Elbow circumference		Size
82-0720-1	18 - 20 cm	7 - 8″	1
82-0720-2	21 - 24 cm	81⁄4 - 91⁄2″	2
82-0720-3	25 - 28 cm	9¾ - 11″	3
82-0720-4	29 - 31 cm	111/2 - 121/4"	4
82-0720-5	32 - 35 cm	12½ - 13¾	5
82-0720-6	36 - 39 cm	14¼ - 15¼″	6

Measurement taken when arm at 90°





DONJOY®

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